

PubMed

Search

Display Settings: Abstract

**Suicide** Life Threat Behav. 2012 May 14. doi: 10.1111/j.1943-278X.2012.00097.x. [Epub ahead of print]

## Self-Determination: A Buffer Against Suicide Ideation.

Bureau JS, Mageau GA, Vallerand RJ, Rousseau FL, Otis J.

Julien S. Bureau, Geneviève A. Mageau, Université de Montréal, Montreal, QC, Canada; Robert J. Vallerand and François L. Rousseau, Ottawa Institute of Cognitive Behavioural Therapy, Ottawa, ON, Canada; Joanne Otis, Université du Québec à Montréal, Montreal, QC, Canada.

### Abstract

Self-determination was examined as a **protective factor** against the detrimental impact of negative life events on **suicide** ideation in adolescents. It is postulated that for highly self-determined adolescents, negative life events have a weaker impact on both hopelessness and **suicide** ideation than for non-self-determined adolescents. In turn, hopelessness is hypothesized to generate less **suicide** ideation for highly self-determined individuals. Results from multigroup analyses confirm that both the direct and indirect links between negative life events and **suicide** ideation were significantly weaker among participants high in self-determination. The **protective** role of self-determination against negative life events is discussed.

© 2012 The American Association of Suicidology.

PMID: 22583040 [PubMed - as supplied by publisher]

**LinkOut - more resources**