2nd Announcement & Call for papers

INTERNATIONAL ASSOCIATION FOR SUICIDE PREVENTION

THE 6TH ASIA PACIFIC REGIONAL CONFERENCE

Co-sponsorship by the World Health Organization Regional Office for the Western Pacific

JUNE 10th-13th, 2014
Hotel Le Méridien, Tahiti
www.iasp.info/tahiti

Suicide prevention:
A journey through Asia and the Pacific Islands
3 A Message from the Hosts
4 Important Addresses
5 About IASP & Conference Committees
6 About IASP
7 Programme at a Glance
8 Plenary Speakers
9 Call for Papers
10 Registration
12 Other Events and Additional Information
13 Accommodation
15 Social Programme
16 General Information
17 General Information & Pre/Post Tours
18 Preconference Workshops - 10th June 2014
22 Notes
Dear Colleagues,

Tahiti, Bora Bora and the so called wider ‘Pacific blue continent’ are often considered to be paradise in the imagination of Westerners. This Eden-like collective unconscious image was created in the tales and writings of the early European explorers (e.g., Cook, Bougainville) who discovered a friendly population in sublime islands. This myth, later reinforced by traveling writers (e.g. Segalen, Stevenson), masks the paradox that suicide is a leading cause of mortality in the Pacific region as well as in some countries of South East Asia (where the Polynesians migrated from in the past millennium).

The 6th Asia Pacific Regional Conference of the International Association for Suicide Prevention will present knowledge on anthropological, socio-cultural, literary and philosophical aspects of suicide in French Polynesia, Pacific Islands and Asia. The relationship between mental disorders and suicide risk in the region will be discussed.

We invite you to join us on our scientific journey to gather information from national and regional networks experts on suicide prevention. This will include identifying training and education needs in the region, and sharing knowledge on strategies for suicide prevention in different countries. Together, we will develop new strategies for prevention in the region that take better account of local cultural and socio-economic factors.

Tahiti and its islands are beautiful places. The rich Polynesian culture is undergoing a strong revival, with the introduction of French and Chinese cultures. Beside the blue lagoon, there are many cultural activities, including museums (musée et jardin botanique Gauguin, musée de la Perle, musée de Tahiti et des Îles), ancient temples (marae) and churches, tamure danse and music shows. This conference is a unique opportunity for those who are interested in suicide prevention to discover and work in the heart of Polynesian culture.

A MESSAGE FROM THE HOSTS

Dr Stéphane Amadéo
President of Congress,
President of SOS Suicide Association
Department of Psychiatry,
Hopital Center of French Polynesia

Professor Ella Arensman
President, International Association for Suicide Prevention,
Director of Research, National Suicide Research Foundation,
Adjunct Professor, Department of Epidemiology and Public Health, University College Cork
IMPORTANT ADDRESSES

Congress Website: www.iasp.info/tahiti
Online Registration in English: www.yestahiti.com/event/iasp2014
Online Registration in French: www.yestahiti.fr/event/iasp2014

Contact for Scientific Committee:
Dr Stéphane Amadéo
PO Box 130 289 - 98717 Punaauia
Tahiti, French Polynesia
Tel: +689 77 46 72
Fax: +689 48 47 25
Email: amadeo@mail.pf

Contact for Conference Secretariat:
Miss Virginie Tessier
Tahiti Nui Travel
Tepano Jaussen Street – ATEVI Bulding
PO Box 718 – 98713 Papeete
Tahiti, French Polynesia
Tel: +689 46 41 16
Fax: +689 46 41 16
Email: virginie.tessier@tahitinuitravel.pf

Contact for Registration and Hotel/Plane Reservations:
Tahiti Nui Travel Agency
- For Groups: virginie.tessier@tahitinuitravel.pf
- For Individuals: frederic.bonhoure@yestahiti.com

Important dates
28th February 2014 Deadline for submission of symposia
7th March 2014 Deadline for early-bird registration fee
4th April 2014 Deadline for submission of abstracts
Organisation

IASP Board:
Professor Ella Arensman, President
Dr. Murad Khan, 1st Vice President
Professor Steve Platt, 2nd Vice President
Dr Vladimir Carli, 3rd Vice President
Dr Morton Silverman, Treasurer
Professor Jane Pirkis, General Secretary
Dr Lorraine Barnaby, (Jamaica) and Professor Maurizio Pompili (Italy), Co-Chairs of Council of National Representatives
Professor Diego De Leo, College of Presidents

Scientific Advisory Committee for the Tahiti Programme:
Dr Stéphane Amadéo (French Polynesia)
Professor Ella Arensman (Ireland)
Professor Diego De Leo (Australia)
Dr Patrick Favro (French Polynesia)
Professor Louis Jehel (Martinique)
Professor Thambu Maniam (Malaysia)
Professor Brian Mishara (Canada)
Professor Michael Phillips (China)
Dr Bernard Rigo (New Caledonia)
Dr Taivini Teai (French Polynesia)
Professor Guillaume Vaiva (France)
Professor Paul Yip (Hong Kong)

Local Organising Committee:
Dr Eric Cucheval
Germaine David
Patrick Favro
Heaiarii Lehartel
Olivier De Longeaux
Aurelia Malogne
Dr Gnoc Lam Nguyen
Moerani Rereao
Annie Tuheiava

Organising Committee:
Dr Stéphane Amadéo (French Polynesia)
Dr Patrick Favro (French Polynesia)
Dr Kairi Kolves (Australia)
Professor Jane Pirkis (IASP Board, Australia)
Ms Vanda Scott (IASP CAO, France)
Dr Morton Silverman (IASP Board, US)
IASP

IASP is a non-profit organisation for those interested and working in the field of suicide prevention. The organisation functions as a network for individuals (clinicians, scientists, crisis workers and volunteers, people who have lost someone to suicide, and community, national and international organisations). The organisation, with members in more than 50 countries, is recognized by and cooperates with WHO. IASP along with WHO initiated World Suicide Prevention Day, which is held every year on the 10th of September.

Key objectives of IASP

- To raise worldwide awareness of the problems of suicide and suicidal behaviour.
- To provide a common platform for all representatives engaged in the field of suicide prevention and crisis intervention in order to share and exchange knowledge, skills and experience and to foster collaboration.
- To encourage the interchange of experience, knowledge and skills acquired in various countries and regions for more effective action.
- To facilitate wider dissemination of the basics of effective suicide prevention to key stakeholders.
- To promote the establishment of national organisations for suicide prevention.
- To facilitate wider dissemination of the fundamentals of effective suicide prevention to professional groups and the general public.
- To promote research programmes, especially those that can be pursued through international cooperation.
- To develop a forum in which suicide prevention strategies are developed, implemented and evaluated, and that disseminates such experience and findings.

Host Organiser in Tahiti

The conference is being organised by SOS Suicide and the International Association for Suicide Prevention. SOS Suicide is a French Polynesian NGO which has worked in the field of suicide prevention since 2001. SOS Suicide uses the WHO/Supre programme and the French National Strategy Against Suicide programme. SOS Suicide joined the Suicide Trends in At-Risk Territories (START) network under the coordination of the Australian Institute for Suicide Research and Prevention (AISRAP), a WHO Collaborating Centre, to undertake epidemiological studies and implement suicide prevention programmes. SOS Suicide operates a crisis phone line, organises National Suicide Prevention Day with French Union Nationale de Prevention du Suicide (UNPS) and World Suicide Prevention Day with IASP. In 2012 it opened a suicide prevention centre.
Conference Venue

The venue for the 6th Asia Pacific Regional conference of IASP is the Hotel Le Méridien located in Punaauia. Slightly further from downtown Papeete than other resorts, Le Méridien Tahiti is the only hotel located on a beautiful white sandy beach opening onto a turquoise lagoon, with a view of Moorea Island. This authentic resort, was completely renovated in 2010 and will delight all guests, especially those staying longer than one night. It is located 30 minutes from the Atimaono golf course (18 holes), the Botanical Garden and the Gauguin Museum, and is a few steps from the small shopping center Tamanu and the Museum of Tahiti & Her Islands. Downtown of Papeete is about 20 minutes from the hotel. Shuttle service by "truck", transportation typical of Tahiti, is available.

<table>
<thead>
<tr>
<th>Tuesday 10 June 2014</th>
<th>Wednesday 11 June 2014</th>
<th>Thursday 12 June 2014</th>
<th>Friday 13 June 2014</th>
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</thead>
<tbody>
<tr>
<td>08:00</td>
<td>08:30 – 10:00</td>
<td>08:30 – 10:00</td>
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<tr>
<td>Registration</td>
<td>Registration</td>
<td>Registration</td>
<td>Registration</td>
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<tr>
<td>10:00 – 10:30</td>
<td>Plenary Session 1</td>
<td>Coffee Break</td>
<td>Coffee Break</td>
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<tr>
<td>10:00 – 10:30</td>
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<td>10:00 – 10:30</td>
<td>Plenary Session 5</td>
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<tr>
<td>10:00 – 10:30</td>
<td>Coffee Break</td>
<td>Day 1 – Poster Session A</td>
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<tr>
<td>10:00 – 10:30</td>
<td></td>
<td>Day 2 – Poster Session A</td>
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<tr>
<td>10:30 – 12:00</td>
<td>Plenary Session 2</td>
<td>Plenary Session 4</td>
<td>Plenary Session 6</td>
</tr>
<tr>
<td>13:30 – 15:00</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
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<tr>
<td>Pre-Conference</td>
<td>Parallel Sessions 1</td>
<td>Parallel Sessions 3</td>
<td>Workshop Means</td>
</tr>
<tr>
<td>Workshops</td>
<td>Train-The-Trainer</td>
<td>Workshop START</td>
<td>Restriction</td>
</tr>
<tr>
<td></td>
<td>Workshop on Depression and Suicide Awareness (2)</td>
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<tr>
<td>15:00 – 15:30</td>
<td>Coffee Break</td>
<td>Coffee Break</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>15:30 – 16:00</td>
<td>Day 1 – Poster Session B</td>
<td>Workshop START</td>
<td>Workshop Media and</td>
</tr>
<tr>
<td></td>
<td>Train-The-Trainer</td>
<td></td>
<td>Suicide</td>
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<tr>
<td></td>
<td>Workshop on Depression and Suicide Awareness (2)</td>
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<td></td>
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<tr>
<td>17:00 - 19:00</td>
<td>Opening Ceremony</td>
<td>Pearl Museum</td>
<td>Tahiti Museum</td>
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<td></td>
<td></td>
<td>Concert</td>
<td>Concert</td>
</tr>
<tr>
<td>19:00 – 21:00</td>
<td>Reception Hotel Le Méridien</td>
<td>Reception</td>
<td>Conference Gala</td>
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<tr>
<td></td>
<td></td>
<td>Presidency of French Polynesia</td>
<td>Evening Dinner</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(to be confirmed)</td>
<td>Hotel Le Méridien</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>19:00 – 23:00</td>
</tr>
</tbody>
</table>
PLENARY SPEAKERS

Stephane Amadéo, French Polynesia
Suicidal Behaviours and Suicide Prevention in The Pacific Islands

Ella Arensman, Ireland
Suicide Clusters – What Can We Learn?

Diego De Leo, Australia
Suicide Across the Life Span

Keith Hawton, UK
Suicide Prevention Through Means Restriction

Louis Jehel, Martinique
Suicide and Psychotrauma

Murad Khan, Pakistan
Suicidal Behaviours in Migrants

Brian Mishara, Canada
Suicide Prevention – Helplines and Telemedicine

Michael Phillips, China
Suicidal Behaviours in Asia – Current Overview

Jane Pirkis, Australia
Interventions at Suicide Hotspots

Morton Silverman, USA
Evaluation of Suicide Prevention Programmes

Tadashi Takeshima, Japan
National Strategies for Suicide Prevention

Lakshmi Vijayakumar, India
The Role of Volunteers in Suicide Prevention in The Asia-Pacific
You are invited to submit an abstract describing an original research work that you wish to present — orally or as a poster — at the Conference. All abstracts must be submitted in English or in French. Abstracts must present material in a clear manner. Abstracts must be submitted online; the deadline for submitting abstracts is 1st April 2014. See www.iasp.info/tahiti/ for detailed instructions.

If you are experiencing difficulties in using the online submission facility, please contact the Scientific Committee via email at amadeo@mail.pf. All abstracts will be evaluated by the Scientific Committee. Papers accepted for oral presentation will be assigned to the various topics of parallel sessions. Authors who submit abstract(s) will be notified of the Committee’s decision regarding their abstract(s) by 1st May 2014. It is anticipated that some papers will be offered the opportunity to be presented at poster sessions.

Topics
1. Law and Ethics
2. Migration and Minorities
3. Social, Anthropological and Cultural Aspects
4. Psychological Predictors
5. Children and Adolescents
6. Ageing and Elderly
7. Non-Suicidal Self-Harm
8. National Strategies and Suicide Prevention Centres
9. Suicide Survivors and Postvention
10. Psychotherapy
11. Biochemistry, Genetics and Psychopharmacology
12. School and Workplace
13. Means Restriction
Register for Pre-Conference Workshops

You need to be registered for the conference in order to benefit from these training workshops.

<table>
<thead>
<tr>
<th>Pre-Conference Workshop</th>
<th>Registration Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Assessment (Full day)</td>
<td>100 € 12,000 XPF</td>
</tr>
<tr>
<td>Gatekeepers (Half day)</td>
<td>50 € 6,000 XPF</td>
</tr>
<tr>
<td>Train-The-Trainer Workshop on Depression and Suicide Awareness (1) (Half day)</td>
<td>50 € 6,000 XPF</td>
</tr>
<tr>
<td>Helplines (Full day)</td>
<td>100 € 12,000 XPF</td>
</tr>
<tr>
<td>Mindfulness (Full day)</td>
<td>100 € 12,000 XPF</td>
</tr>
</tbody>
</table>

Register for the Conference


If you do not have internet access, please contact amadeo@mail.pf

IASP Congress website

Visit the Congress website for continuously updated information and online registration: [www.iasp.info/tahiti](http://www.iasp.info/tahiti)

Insurance

The organising committee accepts no liability for personal injuries sustained, or for loss of or damage to property belonging to Congress participants either during or as a result of the IASP Congress. Those arriving from abroad should ascertain the validity and coverage of their relevant insurance policies.

### Registration Fees in EURO following Zones and categories

<table>
<thead>
<tr>
<th>Zone</th>
<th>Registration Fees</th>
<th>Early-Bird Before 7th March 2014</th>
<th>Regular After 7th March 2014</th>
<th>Day cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zone 1</td>
<td>IASP members</td>
<td>560 €</td>
<td>610 €</td>
<td>200 €</td>
</tr>
<tr>
<td></td>
<td>Non members</td>
<td>610 €</td>
<td>660 €</td>
<td>200 €</td>
</tr>
<tr>
<td></td>
<td>Students, survivors and volunteers</td>
<td>330 €</td>
<td>350 €</td>
<td>120 €</td>
</tr>
<tr>
<td>Zone 2</td>
<td>IASP members</td>
<td>500 €</td>
<td>550 €</td>
<td>170 €</td>
</tr>
<tr>
<td></td>
<td>Non members</td>
<td>550 €</td>
<td>600 €</td>
<td>170 €</td>
</tr>
<tr>
<td></td>
<td>Students, survivors and volunteers</td>
<td>320 €</td>
<td>340 €</td>
<td>110 €</td>
</tr>
<tr>
<td>Zone 3</td>
<td>IASP members</td>
<td>400 €</td>
<td>450 €</td>
<td>150 €</td>
</tr>
<tr>
<td></td>
<td>Non members</td>
<td>450 €</td>
<td>500 €</td>
<td>150 €</td>
</tr>
<tr>
<td></td>
<td>Students, survivors and volunteers</td>
<td>310 €</td>
<td>330 €</td>
<td>100 €</td>
</tr>
<tr>
<td>Zone 4</td>
<td>IASP members</td>
<td>300 €</td>
<td>350 €</td>
<td>120 €</td>
</tr>
<tr>
<td></td>
<td>Non members</td>
<td>350 €</td>
<td>400 €</td>
<td>120 €</td>
</tr>
<tr>
<td></td>
<td>Students, survivors and volunteers</td>
<td>300 €</td>
<td>320 €</td>
<td>90 €</td>
</tr>
</tbody>
</table>
The registration fee for delegates covers the following: Admission to all scientific sessions, Abstract Book, Opening Ceremony, Welcome Reception, Closing Ceremony, lunches and coffee/tea during breaks.

Registration Zones

Zone 1:
Andorra, Antigua and Barbuda, Aruba, Australia, Austria, The Bahamas, Bahrain, Barbados, Belgium, Brunei, Canada, Cayman Islands, Channel Islands, Chile, Croatia, Curacao, Cyprus, Czech Rep., Denmark, Equatorial Guinea, Estonia, Faeroe Islands, Finland, France, French Polynesia, Germany, Greece, Greenland, Guam, Hong Kong SAR, Iceland, Ireland, Italy, Japan, Korea Rep., Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macao SAR, Malta, Monaco, Netherlands, New Caledonia, New Zealand, Northern Mariana Islands, Norway, Oman, Poland, Portugal, Puerto Rico, Qatar, Russian Federation, San Marino, Saudi Arabia, Singapore, Sint Maarten, Slovak Rep., Slovenia, Spain, St. Kitts and Nevis, St Martin, Sweden, Switzerland, Trinidad and Tobago, Turks and Caicos Islands, United Arab Emirates, United Kingdom, United States, Uruguay, Virgin Islands

Zone 2:
Albania, Algeria, America Samoa, Argentina, Angola, Azerbaijan, Belarus, Belize, Bosnia and Herzegovina, Botswana, Brazil, Bulgaria, China, Colombia, Costa Rica, Cuba, Dominica, Dominican Republic, Ecuador, Fiji, Gabon, Grenada, Hungary, Iran, Iraq, Jamaica, Jordan, Kazakhstan, Lebanon, Libya, Macedonia, Malaysia, Maldives, Marshall Islands, Mauritius, Mayotte, Mexico, Montenegro, Namibia, Palau, Panama, Peru, Romania, Serbia, Seychelles, South Africa, St. Lucia, St. Vincent and the Grenadines, Suriname, Taiwan, Thailand, Tonga, Tunisia, Turkey, Turkmenistan, Tuvalu, Venezuela

Zone 3:

Zone 4:
Other Events & Additional Information

Other Events

Preconference Workshops
10th June 2014

<table>
<thead>
<tr>
<th>Clinical Assessment</th>
<th>Lanny Berman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gatekeepers</td>
<td>Ella Arensman</td>
</tr>
<tr>
<td>Train-The-Trainer Workshop on</td>
<td></td>
</tr>
<tr>
<td>Depression and Suicide Awareness (1)</td>
<td>Ella Arensman</td>
</tr>
<tr>
<td>Helplines</td>
<td>Brian Mishara</td>
</tr>
<tr>
<td>Mindfulness</td>
<td>Bergjot Gjelsvik</td>
</tr>
</tbody>
</table>

Conference Workshops

<table>
<thead>
<tr>
<th>Train-The-Trainer Workshop on</th>
<th>Depression and Suicide Awareness (2)</th>
<th>Ella Arensman</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO/START Study</td>
<td>Media and Suicide</td>
<td>Kairi Kolves</td>
</tr>
<tr>
<td>Means Restriction</td>
<td></td>
<td>Jane Pirkis</td>
</tr>
</tbody>
</table>

Additional Information

Language
The official language of the IASP World Congress is English. In the event that certain symposia or parallel sessions are conducted in another language, such information will be announced in advance.

Letters of invitation
The Congress will be pleased to send a letter of invitation to any individual making such a request. Please apply to the Congress Secretariat. However, the Congress in such matters makes no commitment to provide financial support of any nature.

Meals
Lunches are included in the registration fee. Refreshments are served free of charge at the Hotel Méridien opening reception. Congress Banquet is available to all delegates and accompanying persons against extra charge.
Choose your accommodation and travel package:

Accommodations list (rate/person double occupation basis) for a package of 5 nights:

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hôtel Intercontinental Resort Tahiti 4*</td>
<td>694 EUR</td>
</tr>
<tr>
<td>Hôtel Le Méridien 4*</td>
<td>564 EUR</td>
</tr>
<tr>
<td>Manava Suite Resort &amp; Spa 3*</td>
<td>488 EUR</td>
</tr>
<tr>
<td>Hôtel Royal Tahitien 2*</td>
<td>486 EUR</td>
</tr>
<tr>
<td>Hôtel Sarah Nui 3*</td>
<td>396 EUR</td>
</tr>
<tr>
<td>Hôtel Tiare Tahiti 2*</td>
<td>368 EUR</td>
</tr>
<tr>
<td>Pension de la Plage, Boarding house</td>
<td>296 EUR</td>
</tr>
<tr>
<td>Relais Fenua, Boarding house</td>
<td>281 EUR</td>
</tr>
</tbody>
</table>

OUR BEST DEALS

Accommodation available in Tahiti, in hotels from 2 to 5 stars.

Manava Suite Resort & Spa
5 nights package in this beautiful recent 3* hotel located lagoon side 15 minutes from city centre. All guest rooms reflect authentic Polynesian décor while still offering contemporary amenities and the comforts of home. 
> 488 EUR/person double occupation basis. Rates depending on availability.

Le Méridien Tahiti
5 nights package in a wonderful 4* hotel recently renovated is the only hotel located on a beautiful white sandy beach and a turquoise lagoon, with view on Moorea island, and just 20 minutes from city centre. 
> 564 EUR/person double occupation basis. Rates depending on availability.

Intercontinental Resort Tahiti
5 nights package in the largest 4* hotel located lagoon side at 10 minutes from city centre. The resort boasts a private natural lagoonarium, an Algotherm and one of the best gourmet restaurant of the island. 
> 694 EUR/person double occupation basis. Rates depending on availability.
Package include:
- Welcome at the airport;
- Delivery of garlands of flowers
- Documents for the stay;
- Transfer to the reserved hotel;
- The accommodation for 5 nights with breakfasts;
- Local assistance;
- Transfer to the airport.
Events, including those covered by the IASP Congress registration fee, must be pre-booked on the registration form.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 10th June</td>
<td>17h00 – 19h00</td>
<td>Opening Ceremony, Le Méridien Hotel</td>
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<tr>
<td>Tuesday 10th June</td>
<td>19h00 – 21h00</td>
<td>Reception, Le Méridien Hotel</td>
</tr>
<tr>
<td>Wednesday 11th June</td>
<td>17h00 – 19h00</td>
<td>Pearl Museum — Robert WAN. Visit to the museum with a history of the pearl industry, description of a Polynesian pearl farm, and a pearl shop. This event costs 17 € per person. Delegates and accompanying persons must register in advance for the tour.</td>
</tr>
<tr>
<td>Thursday 12th June</td>
<td>17h00 – 19h00</td>
<td>Tahiti and Her Islands Museum. This event costs 22 € per person. Delegates and accompanying persons must register in advance for The Tour. Concert at Tahiti and Her Islands Museum.</td>
</tr>
<tr>
<td>Friday 13th June</td>
<td>17h00 – 19h00</td>
<td>Closing Ceremony, Le Méridien Hotel</td>
</tr>
<tr>
<td>Friday 13th June</td>
<td>19h00 – 23h00</td>
<td>Gala charity evening dinner, Hotel Le Méridien, with Polynesian show and fashion défilé. This event costs 100€ per person. Delegates and accompanying persons must register in advance for the dinner.</td>
</tr>
</tbody>
</table>
General Information

1 - You must have your individual biometric passport but the electronic passport remains valid until its expiry date. Entry formalities (visa) are subject to change without notice. It is strongly advised that you check with a French Consulate before departure.

2 - You must fill out the ESTA (Electronic System for Travel Authorization) form for transit through the USA. It will cost $14. You must go to https://esta.cbp.dhs.gov/esta/ before the trip in order to receive a travel authorization.

3 - Under the Polynesian latitudes, it is summer all year round! There are two main seasons. The first lasts from March to November, with temperatures between 18 and 27°C, the second lasts from December to late February and is a little warmer (between 25 and 35°C), but is also prone to tropical showers which rarely last more than 30 minutes. Be aware that the Pacific winds blow constantly and refresh the air pleasantly.

4 - Natural and terrestrial hazards: There are many products on the market which you can use to repel mosquitoes to protect against dengue and zika. For those whose skin is sensitive to sunlight, it is not recommended to use the famous Monoi or one of its derivatives that do not sufficiently protect you against UV. A hat, sunglasses and sunscreen (high protection) are required.

5 - No vaccinations are required to enter French Polynesia. However, vaccinations against tetanus and hepatitis A and B are recommended.

6 - The currency used in Polynesia is the French Pacific Franc €1 = 119.33 XPF and $1 = 87.23 XPF. Banks are open Monday to Friday from 7:45. Accepted: all currencies legal tender, international credit cards, travelers checks (on the latter, a foreign exchange fee is charged). Most shops, restaurants and hotels accept credit cards (Master Card, Visa Card, American Express, Diners’ Club), and cash can be withdrawn at ATMs.

7 - Hotlines are available throughout Polynesia, from your hotel or a phone booth. Local numbers have 6 digits and you have to dial 00 + country code to call out of Polynesia. The system used in French Polynesia is GSM. The main islands are covered by the network and you can get a temporary pass for the duration of your stay (pre-paid card system) in a post-office or a specific shops. You can also visit the website of Vini or Vodafone, local operators, to learn about the roaming partnerships between international operators in French Polynesia.

8 - French and Tahitian are the official languages. However, English is widely practised in all places welcoming tourists (shops, museums, the Papeete market, among others).

9 - It is recommended to drink bottled water (local waters Eau Royale Vaimato are of very good quality).
10 - The electrical current in French Polynesia is 220 volts at 60 Hz (50 Hz in France).

11 - There are two ISPs in French Polynesia, Mana and Viti, which offer various solutions so that you are always connected during your stay in the Pacific. The hotels also offer Internet spaces or wifi connections, sometimes paid, sometimes free.

Keep Enjoying by Extending your Stay and Discover Polynesia with our Exclusive Offers:

Discover the beauty of our islands: Tahiti, Moorea and all other Islands of French Polynesia. Our local experts will meet all your needs. Here are few examples of extension options available with top quality treatment. Select your travel and island options to get a tailor-made quote online. Enjoy yourself.

Possible extension of stays

Island of Moorea 4 days/ 3 nights
Tipaniers hotel ** - 376€
Moorea Pearl Resort *** - 469€

Raiatea 4 days/ 3 nights
Hawaiki Nui hotel *** - 544€

Attols discovery 4 days/ 3 nights
Maitai Rangiroa *** - 544€
Tikehau Pearl Beach **** - 1080€

Bora Bora 4 days/ 3 nights
Sofitel Bora Bora **** - 798€
Le Méridien Bora Bora ***** - 1468€

Hiva Oa
4 days/ 3 nights
Hanakee Pearl Lodge *** - 1046 €

Tahiti :
Full day : Papeete city and Island tour - 64€
Half day : Island tour only : - 45€
Option lunch at Restaurant «Musée Gauguin»

www.iasp.info/tahiti
PRECONFERENCE WORKSHOPS

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>PRESENTER</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Assessment (Full day)</td>
<td>Lanny Berman</td>
<td>100 € - 12,000 XPF</td>
</tr>
<tr>
<td>Gatekeepers (Half day)</td>
<td>Ella Arensman</td>
<td>50 € - 6,000 XPF</td>
</tr>
<tr>
<td>Train-The-Trainer Workshop on Depression and Suicide Awareness (1) (Half day)</td>
<td>Ella Arensman</td>
<td>50 € - 6,000 XPF</td>
</tr>
<tr>
<td>Helplines (Full day)</td>
<td>Brian Mishara</td>
<td>100 € - 12,000 XPF</td>
</tr>
<tr>
<td>Mindfulness (Full day)</td>
<td>Bergjlot Gjelsvik</td>
<td>100 € - 12,000 XPF</td>
</tr>
</tbody>
</table>

WORKSHOP 1: DEPRESSION AND SUICIDE AWARENESS: A GATEKEEPER AND TRAIN-THE-TRAINER WORKSHOP (Full Day)

Ella Arensman, National Suicide Research Foundation, Ireland

The Opportunity: This workshop provides a unique opportunity for professionals working in mental health and community based services to increase their awareness of depression and suicidal behavior and to enhance their skills in working with people at risk of suicide.

The Challenge: In essence, gatekeepers open the gate to help for people at risk of suicide. Gatekeepers are individuals within mental health and community based services who may be in a position to identify people at risk of suicide by recognising risk factors for suicide. Early identification of suicide risk is crucial in order to prevent self-harm and is the starting point of suicide prevention.

Educational objectives of the workshop:
1. To increase the awareness of depression and suicidal behaviour among professionals working in mental health and community based services.
2. To enhance skills in working with people at risk of suicide.
3. To train professionals how to deliver Gatekeeper workshops to colleagues.

Professor Ella Arensman, MSc PhD, is Director of Research with the National Suicide Research Foundation (NSRF) and Adjunct Professor with the Department of Epidemiology and Public Health, University College Cork, Ireland. She is currently President of the International Association for Suicide Prevention (IASP). She is also Vice-President of the European Alliance Against Depression (EAAD). Dr Arensman has been involved in research and prevention into suicide and self-harm over the last 25 years, with a particular emphasis on risk and protective factors associated with suicide and self-harm, clustering and contagion of suicidal behaviour, and effectiveness of suicide prevention and self-harm intervention programmes. In Ireland, she played a key role in developing Reach Out, the National Strategy for Action on Suicide Prevention (2005-2014). In recent years, she developed an innovative Suicide Support and Information System (SSIS).
She has been involved in numerous international research consortia including the WHO/Euro Multicentre study on Suicidal Behaviour, Child and Adolescent Self Harm (CASE), the European Alliance Against Depression (EAAD), Optimised Suicide Prevention Programmes and their Implementation in Europe (OSPI-Europe), Preventing Depression and Increasing Awareness through Networking in the EU (PREDI-NU), and Mental Health Training through Research Network in Europe (MARATONE). She has published extensively in scientific peer-reviewed journals and international textbooks.

WORKSHOP 2: ASSESSING AND FORMULATING RISK FOR SUICIDE: USING A RESEARCH-INFORMED APPROACH (Full Day)

Lanny Berman, American Association for Suicidology, USA

Clinical mental health practitioners are expected to be the first line of defense in preventing suicide of a referred patient. However, mental health practitioners are significantly under-trained or ill-trained to conduct suicide risk assessments and to formulate levels of risk leading to effective triage and treatment plans. Moreover, much that these practitioners do in the name of assessment is based on folklore, rather than research-informed understandings of associated risk. For example, the typical gateway into assessing a patient’s risk for suicide is for the clinician to enquire about the presence of suicidal thoughts and, if present, to explore further in terms of their duration, frequency, intensity, controllability, associated planning, rehearsal, access to means, etc. If no suicidal ideation is communicated, the typical risk formulation is “none” or “low” risk. Tragically, the majority of patients who subsequently die by suicide deny having suicide ideation when last asked, hence this approach leads the clinician to improperly assess risk in the majority of these patients. This workshop will identify for clinicians research-informed strategies for collecting appropriate data regarding a patient’s potential for suicidal behaviour [risk assessment] and teach to a model for formulating a patient’s level of risk [risk formulation], based on an understanding of how risk factors interact to exacerbate risk in an already vulnerable person, and leading to best triage decisions and treatment planning. A number of case application exercises will be offered to practice applying the proposed risk formulation strategy and participant-presented, culture-sensitive cases will be addressed as introduced by workshop participants.

Dr Lanny Berman is the immediate past-president of IASP (2009-2013) and has served as executive director of the American Association of Suicidology since 1995. He has published 8 books and more than 125 peer-reviewed articles and book chapters on suicide and suicide prevention. Dr. Berman is a consulting editor for three journals in Suicidology and Suicide Prevention. A clinician-researcher with interests in professional training and raising standards of care for those suicidal, he has an international reputation as an engaging and thought-provoking presenter.
Clinical depression is common and debilitating, and carries an increased risk of suicide. There is evidence that Mindfulness Based Cognitive Therapy (MBCT, which combines psychological education and meditation) prevents new episodes of depression. This workshop will provide a theoretical introduction to mindfulness based cognitive therapy, its cognitive science background and its application to recurrent depression, as well as discussion of the use of MBCT with patients with a history of suicidality. Incorporating a significant experiential component, workshop participants will be guided through a number of the mindfulness practices taught in MBCT. Outcomes of a recently completed trial, which compared MBCT to both psychological education and usual care for relapse prevention in individuals with recurrent depression, will be presented, followed by an opportunity for reflection and discussion.

The workshop will provide:

1. Theoretical introduction to mindfulness and the cognitive science background for applying this to recurrent depression
2. Experiential taster
3. Specification of the model of differential activation for suicidal reactivity including imagery, reactivation of suicide-related cognitive deficits
4. Introduction to developing MBCT for suicidal patients
5. Presentation of results from the recently completed trial
6. Experiential ct - core practices in MBCT

Dr. Gjelsvik is an Honorary Research Clinical Psychologist at the Oxford Mindfulness Centre, University of Oxford. She has trained as a clinical psychologist at the University of Oslo and holds a Masters of Studies degree in Mindfulness-Based Cognitive Therapy (MBCT) at the University of Oxford. She gained her PhD in suicide prevention and deliberate self-harm from University of Oslo, and is currently undertaking post-doctoral research on mechanisms underlying suicidal vulnerability. Bergljot works clinically with depressed and suicidal individuals using MBCT.
This workshop will provide guidelines and practical experience in methods of telephone crisis intervention with suicidal individuals, based upon results from research studies on the effectiveness of telephone helpline practices with suicidal callers that were conducted in the United States and Canada using silent monitoring techniques. We first briefly discuss the research findings: The ability to be empathetic and establish a good initial contact is related to better call outcomes. However, an approach focusing upon collaborative problem solving was significantly related to more positive outcomes and the non-directive active listening approach was not. Recent research in Canada suggests that more experienced helpers are more effective and volunteers are at least as effective as paid staff. Participants will help identify challenges in the development of best practices based upon research findings and discuss how to develop methods to ensure that those practices are implemented as well as how to establish methods for quality assurance. The issue of adapting practices to caller characteristics and some difficult situations will be discussed using practical examples. The emphasis will be upon practicing brief interventions using role plays and practical examples of case studies. Differences between help over the telephone and help over the internet will be discussed.

Brian Mishara, Psychology Professor, Director of the Centre for Research and Intervention on Suicide and Euthanasia (CRISE) at the Université du Québec à Montréal, Vice-chairperson of the Trustees of Befrienders Worldwide, an international organization of helplines, has published six books in English and five in French, include research on the effectiveness of suicide prevention programmes, how children understand suicide, theories of suicidality, ethical issues, euthanasia and assisted suicide, and evaluations of helpline effectiveness. He was a founder of Suicide Action Montreal, the Montreal suicide prevention centre, a past president of the International Association for Suicide Prevention and Canadian Association for Suicide Prevention. He also consults and conducts suicide prevention training internationally and co-edited the book Suicide Prevention and New Technologies: Evidence Based Practice.
Online registration:
www.yestahiti.com/event/iasp2014
If internet access is unavailable to you please contact us by phone, fax or email:
amadeo@mail.pf