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**Partnerships for Life – Alianzas por la vida  
IASP Suicide Prevention Network Program for The Americas**

**International Association for Suicide Prevention**

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**Annual Report for 2024 & Annual Plan for 2025**

**A message to our partners**

Dear partner,

Another year is coming rapidly to an end and we are reflecting on the progress we have made with the support of your partnership. We started this year with an astonishing number of 200 suicide prevention partners from more than 25 countries across our region. That number has grown to 239 active partners coming from 28 countries in the region.

As you will see below, we have dramatically increased our knowledge dissemination activities and begun work in the realms of policy advocacy and research. The achievements we accomplished together this year would have not been possible without your support and passion. We are excited to move forward with additional projects and further strengthen our partnership in the coming year. **In the early New Year, we hope to share the first draft of our regional situational analysis which we hope you will help author with us.**

As shared on last year's annual report, our mission will always be to push for the implementation of evidence-based suicide prevention strategies using a multisectoral approach. We hope to keep this initiative as accessible as possible to all in the region and would encourage you to direct us to others who may be interested in becoming involved. By thinking globally but acting locally, we believe we can be successful in our shared goal of fewer suicides across the Americas. We look forward to continuing our work together and growing our shared initiative in the upcoming year.

Wishing everyone a happy holiday season and a healthy and meaningful 2025!

Thank you!

¡Gracias!

Obrigado!

Merci!

Sincerely,  
Dr. Mark Sinyor & Daniel Sanchez Morales

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## Outreach strategy and current active regions

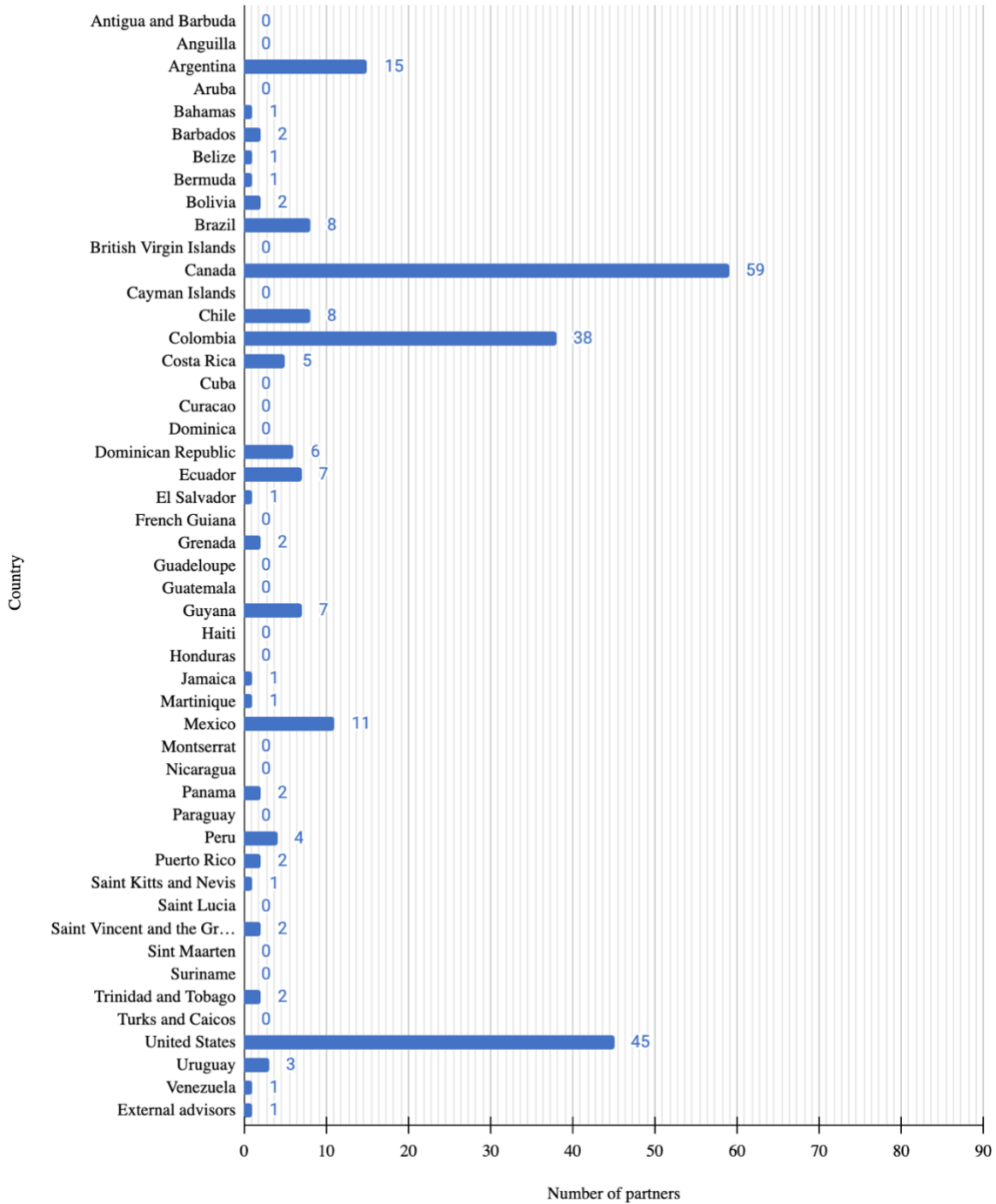
This year we focused on establishing and strengthening connections with our growing group of stakeholders and partners. Today, we have an active partnership base of 239 suicide prevention stakeholders coming from 28 different countries.

We are still in the process of connecting with more partners from the region. We would appreciate you support connecting with stakeholders from the following countries:

1. Antigua and Barbuda
2. Anguilla
3. Aruba
4. British Virgin Islands
5. Cayman Islands
6. Cuba
7. Curaçao
8. Dominica
9. French Guiana
10. Guadeloupe
11. Guatemala
12. Haiti
13. Honduras
14. Montserrat
15. Nicaragua
16. Saint Lucia
17. Sint Marteen
18. Suriname
19. Turks and Caicos

If you know of any stakeholders, please direct us to them (or them to us).

Counts of Partners per Country as of December 2024



## Knowledge dissemination activities

Our main goal this year was to disseminate and facilitate knowledge exchange including increasing accessibility regardless of language spoken. Here is a summary of our progress in 2024:

Activity	Type	Details
Situational Analysis	Journal publication ( <i>in preparation – Expected first dissemination: March 2025</i> )	The purpose of this document is to have contextual information regarding suicide and suicide prevention strategies in each of the countries in the Americas. We aim to complete and submit the document in 2025 and to invite all partners to coauthor the document with us.
Partnerships for Life – Webinar series	Virtual Webinar - February 28 <sup>th</sup> , 2024	Dr. Karen Scavacini (from Brazil) represented the Americas region in the first collaboration webinar for the international initiative, Partnerships for Life. Dr. Scavacini presented on the progress and challenges of Brazil’s National Suicide Prevention Strategy. The video is available on the <a href="#">IASP website</a> or through this <a href="#">YouTube link</a> .
Partnerships for Life – Webinar series	Virtual Webinar - October 31 <sup>st</sup> , 2024	Dr. Karla Valdés García (from México) represented the Americas region in the fourth collaboration webinar for the international initiative, Partnerships for Life. Dr. Valdés García presented on different suicide risk factors identified in México. The

		video is available on the <a href="#">IASP website</a> or through this <a href="#">YouTube link</a> .
Pan American Health Organization (PAHO) & the University of Toronto collaboration webinar series - <b>"World Suicide Prevention Day 2024: Change the narrative"</b>	Virtual Webinar – September 10 <sup>th</sup> , 2024	First collaboration webinar with PAHO. This webinar focused on the importance of responsible suicide-related media reporting and the state of reporting in three countries (Canada, Trinidad and Tobago, and Colombia). To access the webinar, please follow <a href="#">the link</a> .
Pan American Health Organization (PAHO) & the University of Toronto collaboration webinar series - <b>"Early Detection and Intervention for Suicide Prevention: Experiences of Crisis Helplines in the Americas"</b>	Virtual Webinar – November 14 <sup>th</sup> , 2024	This was the second collaboration webinar with PAHO. This webinar shed light on the process of development of 988 crisis line in the USA and Canada, as well as crisis helpline efforts in Costa Rica. To access the webinar, please follow <a href="#">the link</a> .
<b>"Partnerships for Life in the Americas - Progress, Learning, and Future Directions"</b> Workshop at the IASP Pan American Conference, Minneapolis, Minnesota, USA.	Workshop – November, 2024	This workshop space was designed to share general updates about our project, as well as fostering "hands-on" activities that aimed to set the ground for upcoming future collaborations within the partnership.
<b>"One call at a time: Updates and challenges of a collaborative partnership between suicide prevention experts in Ecuador, Costa Rica and Canada"</b> Presentation at the IASP Pan American Conference, Minneapolis, Minnesota, USA.	Oral Presentation – November, 2024	This oral presentation aimed to provide some updates on our project collaboration between stakeholders from Ecuador, Costa Rica, and Canada. The presentation elaborated on insights about the training of telephone helpline workers regarding

		suicide awareness and crisis intervention.
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### Advocacy and research activities

With respect to our goals of advancing national suicide prevention strategies and related efforts, we have made the following progress in 2024:

Activity	Type	Details
Letter to the Prime Minister of Canada	International Petition – Pilot strategy – Letter sent on January 31st, 2024	This document is an attempt at advocacy to encourage a federal government to adopt a national suicide prevention strategy. This letter was signed by 131 partners from 26 countries including all board members of the IASP. It has led to ongoing discussions with the Government of Canada and we are hopeful that a national strategy will be announced soon.
Partnership collaboration between Ecuador, Costa Rica, and Canada: training for crisis line workers	Training intervention and research project – Pilot project	This project aims to strength international collaboration among partners. We will deliver crisis intervention training to a group of helpline workers in Quito, Ecuador. The project received ethics approval in July, 2024, and we are currently at the data collection stage. We hope to disseminate our results in the first quarter of 2025.

### Objectives and goals for upcoming year 2025

We will continue building on our achievements of the past two years including more region-specific project creation and the development of collaborations between different countries from the region. Outreach and dissemination activities will continue an on-going basis. We

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propose the following specific goals for the upcoming year (to be approved by the Americas region leadership team):

- To complete all in-progress knowledge dissemination activities listed in the table above.
- To begin working on subregional goals identified through leadership teams and recent workshops (e.g. decriminalization of suicide across the Caribbean).
- To maintain regular with partners.
- To continue knowledge dissemination and capacity building efforts by providing accessible spaces of participation such as workshops, webinars and training.