

The Papageno Group: Creation of a Suicide Prevention Website



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The Papageno group was established with the aim of creating a unique website. We wanted to give people with lived experience their own unfiltered voice. We hope the group develops its own organization and implements its own ideas in the future.
A voice for people with lived experiences.

INTRODUCTION

People with lived experience have unique insights into what can help and support people with suicidal ideation in a crisis. With this in mind, we have asked a group of individuals with suicidal ideation to create a website. The Papageno group consists of 8 people (six women and two men) who all have had lived experiences. The group is aided by an it-developer and a psychologist.

RESULTS

The group had its first meeting in November 2021 and selected their own name: The Papageno group. During monthly meetings, the group discuss and decide what content the suicide preventive website should have and what it should look like. The website is planned to be finished in early 2023.

THE DARK BASEMENT

In Danish, the expression "To be in the dark basement" implies being in a depressed state of mind. It was important to the Papageno group that the website acknowledges how bad one can feel, and that it invites people to be curious and look around.

