World Suicide Prevention Day
Cycle Around the Globe

Join Hillary’s Ride for Mental Health at Gold Bar Park.
It doesn’t matter how far you cycle, every km counts!
If you can’t join us at the park, cycle where you are and email your km to hillarysride@gmail.com or register them at iasp.info.

All ages welcome.
Saturday, September 10th, 2016
1:00pm - 5:00 pm
Gold Bar Park
10955 - 50 Street

Every year, over 800,000 people die from suicide.
Suicide is the 15th leading cause of death globally.
Suicide is the second leading cause of death in the 15-29 years age group worldwide.
The strongest risk factor for suicide is a previous suicide attempt.

This event is co-sponsored by the Canadian Mental Health Association - Edmonton Region.

www.iasp.info/wspd/cycle_around_the_globe.php
hillarysride.ca
edmonton.cmha.ca