World Suicide Prevention Day

September 10th 2016

Light a Candle
Light a candle near a window at 8pm on WSPD to show your support for suicide prevention

Join us on social media
Connect with us on Facebook, Twitter and Pinterest to support WSPD

Get involved in an event
Take part in or organise a local or national event or activity to focus public attention on suicide prevention

Cycle Around the Globe
Join us in cycling to show that we are connected in our aim to prevent suicide

Find out more at www.iasp.info/wspd