Dear Sir/Madam,

Suicide is the serious social health problem, the entire world is getting affected by this & India also facing the same problem in a dynamic speed. In fact at present the backbone of India “Farmer Suicide” and “Youth Suicide” is the major concern. NCRB (National Crime Report Bureau) reports that 131,616 people committed suicide in the year 2014. And moreover almost many suicide cases are not reported.

Especially in my own District Mandya, suicide rate is high. Last year nearly 142 people and all over Karnataka state 1479 formers committed suicide, even though the situation is worse the issue is been neglected.

Hence myself with the help of Bhandavya Foundation, last year 2015, initiated the suicide prevention awareness programme at Mandya district. We have given scientific suicide prevention awareness training to almost 500+ graduate volunteers from various backgrounds.

This year 2016 also as per IASP (International Association for Suicide Prevention) and WHO, we planned to organize September month as a suicide prevention month & every week we had chosen different colleges from rural and urban areas in different location in Mandya district and given awareness programme & training class and also created awareness through newspaper articles, information broachers and social media. In total this year we have reached 1000+ graduate volunteers and number of publics.

In spite of this, on Suicide prevention day September 10th we conducted a special lecture & interaction programme from Dr. Raveesh (Director Dharward Institute of Mental and Neuro Science, Dharward), Dr. Shankregowda & other Subject Matter Specialists.
Almost 500+ students from agriculture background were participated in the programme & had interaction with specialist & taken pledge from everyone to take part in suicide prevention.

Further to this we are requesting you to extend your guidelines & support for further initiatives to avoid rapidly extending suicidal cases in our Indian society.

SANDEEP BH  MSc Psychology
Program Coordinator
Suicide Prevention Month-2016
Mandya District, Karnataka State, India

Bhandavya Foundation, Mandya
Class Room Awareness and interaction about suicide Prevention

Suicide prevention month September-2016 inauguration at Mandya

Students participated in the class on student’s role to prevent suicide in Government College,

Program coordinator Mr. Sandeep conducted a session about how to prevent suicide.

Delivering lecture by Dr. Ashok, Psychiatrist MIMS, Mandya

Program coordinator Mr. Sandeep conducted a special session for school teachers about suicide prevent suicide.

Program coordinator interaction with Degree college students on Youths role to prevent suicide.
Candle Distribution: “One Light, Thousands Hope”

Suicide prevention volunteers visited homes, stores, hotels, bus stand to create awareness and free distributing candles on the theme “One Light-Thousands Hope”

Many number of Volunteer’s, publics, children’s, teachers, farmers, accepted our invitation and supported us shown through lightening the candle.
Suicide Prevention Awareness through Social media

Through: Face Book

Dear Friends,
Today is a World Suicide Prevention Day. So Join with Us to Prevent Suicide.
Let's light the candle in your place and give moral support to those who are having suicide thoughts. Kindly send us the lighten candle pic or selfie with candle. And help us to reach this message to millions.
#September10 #lightenthecandle #sendselfwithcandle

By, Sandeep BH

Through: Watsapp

Dear friends,
Tomorrow is a World Suicide Prevention Day. So Join with Us to Prevent Suicide.
Let's light the candle in your place and give moral support to those who are having suicide thoughts.
Kindly send us the lighten candle pic or selfie with candle. And help us to reach this message to millions.
#September10 #lightenthecandle #sendselfwithcandle

By, Sandeep Mandya

This is not your username or pin. This name will be visible to your WhatsApp contacts.
Previous year Suicide Prevention Program Month Report-2015

Delivering lecture by Dr. Yogendra Pathavari, MIMIS, Mandya

Introductory speech by Programme Co-ordinator Mr. Sandeep B H

Students asking queries to the specialists

Interaction with students by Dr. Raveesh (Director- DIMHANS)

Students participated in the Gate Keeper training programme in Women’s College Maddur

Students participated in the Gate Keeper training programme in Government College Mandya
Bhandavya Foundation has taken initiation & started the Cycle to run around the Globe.

Bhandavya Foundation®, Mandya
Bharathi Nagar, Maddur Taluk, Mandya district, Karnataka, INDIA

“JOIN WITH US TO SUICIDE PREVENTION AWARENESS”

World Suicide Prevention Day Cycle Around the Globe
September 10, 2016

Sandeep BH → Program Coordinator
Bhandavya Foundation®, Mandya


SANDEEP BH MSc Psychology
Program Coordinator
Suicide Prevention Month-2016, Mandya