

World Suicide Prevention Day

Take a minute, change a life

September 10th, 2017



Join us on social media

Connect with us on Facebook and Twitter to share your support of WSPD

Light a candle



Light a candle near a window at 8pm to show your support for suicide prevention

Get involved in an event

Take part in or organise a local or national event to highlight suicide prevention



Cycle around the globe

Join us in cycling to show that we are connected in our aim to prevent suicide



Find out more at iasp.info/wspd2017/