



**International Association  
for Suicide Prevention**  
**World Suicide Prevention Day**  
**Cycle Around the Globe**

**WORLD SUICIDE PREVENTION DAY**  
**Cycle Around the Globe 2018**  
**Frequently Asked Questions**

**Do I have to cycle with a group or in an organised event?**

Not at all. We welcome group and individual cyclists. You can cycle at home, in the gym, as part of an organised event or whilst on holiday. Wherever suits you!

**Do I have to cycle between 1st - 17th September?**

No you don't have to. We have set these dates, as they encompass World Suicide Prevention Day. However, you can contribute to the event and submit distances throughout September 2018. And you will still be eligible for a prize!

**What distance do I have to cycle?**

Whatever distance you wish. We greatly appreciate all efforts you make to engage with the Cycle Around the Globe event. Every kilometer/mile counts towards the final count!

**How do I register?**

You can register anytime via our website. Here you can tell us how far you plan to cycle in advance. You can also find information on fundraising, download a participant bib to attach to your t-shirt and obtain a certificate of completion.

**How do I organise a group cycle?**

Anyone can organise a group Cycle Around the Globe event. Just follow the steps of registration on our website and print your materials (bibs, certificates etc.). Then you and your group will be on your way!

**Can I cycle in the gym?**

Yes of course. We even encourage this! A great idea would be to link in with a spinning class; you could even encourage the whole group to join in!

**How do I submit my distance after the event?**

Having completed the cycle we would be delighted to hear how you did! You can submit your distance cycled via the registration section of our website at <https://iasp.info/wspd2018/cycle-around-the-globe-registration-and-submission-form/>

**Do I need sponsorship to cycle?**

No, cycle participants are not obliged to collect sponsorship. This event is about raising awareness and community spirit. However, there is an option to use the event to raise funds either for IASP or for your local (or national) suicide prevention charity. On our website, you can donate directly through PayPal, access the JustGiving fundraising platform to help you gain sponsorship or download our Cycle Around the Globe sponsorship form. Alternatively, if you or your company are interested in providing corporate sponsorship to the cycle, please get in touch by emailing us at: [campaigns@iasp.info](mailto:campaigns@iasp.info).

**Where can I submit my cycle photographs?**

As always we would encourage our participants to share their experiences of the Cycle Around the Globe event. You can share your photographs with us via our World Suicide Prevention Day 2018 Facebook page or email the photos to us to share at [campaigns@iasp.info](mailto:campaigns@iasp.info).



<https://iasp.info/wspd2018/cycle-around-the-globe/>