



| <b>World Suicide Prevention Day</b>                  |                           |                                                                                                                          |                                                                                                  |
|------------------------------------------------------|---------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| The 2nd National Seminar of Suicide prevention       |                           |                                                                                                                          |                                                                                                  |
| Sunday, 18 September 2018                            |                           |                                                                                                                          |                                                                                                  |
| Main Hall                                            | First day – First session |                                                                                                                          |                                                                                                  |
| Title                                                | Time                      | App description                                                                                                          |                                                                                                  |
| Inaugural                                            | 8:00-8:10                 | -                                                                                                                        |                                                                                                  |
|                                                      | 8:10-8:25                 | Dr. Ghanbari                                                                                                             | Welcome & schedule announce                                                                      |
|                                                      | 8:25-8:40                 | Dr. Naseripour                                                                                                           | President of Iran University of Medical Sciences                                                 |
|                                                      | 8:40-8:55                 | Dr. Ayazi                                                                                                                | Social Affair deputy of Ministry of Health, Treatment and Medical Training                       |
|                                                      | 8:55-9:10                 | Dr. Haghdoost                                                                                                            | Deputy of Planning of Ministry of Health, Treatment and Medical Training                         |
|                                                      | 9:10-9:25                 | Dr. Hemati                                                                                                               | President of Ilam University of Medical Sciences                                                 |
|                                                      | 9:25-9:35                 | Dr. Hamidifar                                                                                                            | Police Consultation and Social Working Office                                                    |
|                                                      | 9:35-10:15                | Music and break                                                                                                          |                                                                                                  |
| Main Hall                                            | First day- second session |                                                                                                                          |                                                                                                  |
| Suicide prevention in Iran: Policy making challenges |                           | Panel responsible: Dr. Malakouti                                                                                         |                                                                                                  |
| First panel: 10:15-12:00                             | 10:15-10:30               | Dr. Hajebi (Head of Mental and Social Health and Addiction Office of Ministry of Health, Treatment and Medical Training) | Social determinants affecting suicide                                                            |
|                                                      | 10:30-10:45               | Dr. Kahani (Research deputy of Forensic Medicine Organization)                                                           | The statistics of suspected suicide figures referring to forensic centers over the past 10 years |
|                                                      | 10:45-11:00               | Dr. Mousavi chalak (Head of Iran Social Workers Association)                                                             | Policy making: Economical, cultural and social factors and suicidal behaviors                    |
|                                                      | 11:00-11:15               | Dr. Abbasi (General director of the office of preventive affairs of Welfare Organization)                                | National suicide prevention programs                                                             |
|                                                      | 11:15-11:30               | Dr. Souri (Head of the research institute for promotion of safety and prevention of injuries)                            | Comparison and analysis of the Suicide epidemiological index in Iran, EMRO Region and the world  |
|                                                      | 11:30-12:00               | Discussion                                                                                                               |                                                                                                  |
|                                                      | 12:00-13:00               | Break                                                                                                                    |                                                                                                  |
| Main Hall                                            | First day- Third session  |                                                                                                                          |                                                                                                  |
| Suicidal behaviors in specific groups                |                           | Panel responsible: Dr. Etesam                                                                                            |                                                                                                  |
| Second panel: 13:00-14:45                            | 13:00-13:15               | Dr. Shooshtary (Faculty member of Iran University of Medical Science)                                                    | Suicide among students                                                                           |
|                                                      | 13:15-13:30               | Dr. Kermani Ranjbar                                                                                                      | Elders Suicide                                                                                   |
|                                                      | 13:30-13:45               | Dr. Rezaeian (Faculty member of Rafsanjan University of Medical Science)                                                 | A Review on suicide status in the Eastern Mediterranean Region of WHO                            |
|                                                      | 13:45-14:00               | Dr. Hashempour                                                                                                           | Suicide among physicians and nurses                                                              |
|                                                      | 14:00-14:15               | Dr. Hadi                                                                                                                 | Suicide in pregnancy period and breastfeeding                                                    |
|                                                      | 14:15-14:45               | Discussion                                                                                                               |                                                                                                  |



| Hall 1                    |             | First day- Fourth session                                                                                       |                                                                                                                                                                |
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|                           |             | Mental health services for suicide prevention                                                                   |                                                                                                                                                                |
|                           |             | Panel responsible: Dr. Mousavi                                                                                  |                                                                                                                                                                |
| Third panel: 14:00-15:45  | 14:00-14:15 | Roya Hadinejad (The university of Mazandaran Center for management of accidents and medical emergencies)        | Pre-hospital emergency missions for suicide and attempted suicide in first five month of 1397- University of Mazandaran                                        |
|                           | 14:15-14:30 | Dr. jafari (Psychiatry resident, Tehran University of Medical Science)                                          | Management and delivery of follow-up services for at risk suicidal patients referred from the health care network: A community based psychiatry project        |
|                           | 14:30-14:45 | Maryam Vahidi (PhD candidate in nursing, School of nursing and midwifery, Tabriz university of medical science) | Safe environment in psychiatric sections: The role of nurses vigilance in suicide prevention                                                                   |
|                           | 14:45-15:00 | Ahdieh Bashar (Head of Mental Health group of the Health deputy, Jiroft University of Medical Sciences)         | Epidemiology of suicide and related factors- University of Jiroft 1396 and the first 3 month of 1397                                                           |
|                           | 15:00-15:15 | Dr. Mousavi (Assistant professor, Isfahan University of Medical Sciences)                                       | The comparison between telephone contact and face- to- face contact in the prevention of repeated suicide                                                      |
|                           | 15:15-15:45 | Discussion                                                                                                      |                                                                                                                                                                |
| Hall 2                    |             | First day- Fifth session                                                                                        |                                                                                                                                                                |
|                           |             | Clinical issues and suicide                                                                                     |                                                                                                                                                                |
|                           |             | Panel responsible: Dr. Khanipour                                                                                |                                                                                                                                                                |
| fourth panel: 14:00-15:45 | 14:00-14:10 | Abbas Mohammadzadeh                                                                                             | Values governing the cultural workgroup of the entrepreneurship committee and the creation of wealth of the university                                         |
|                           | 14:10-14:20 | Farideh Sadeghian (PhD in occupational health, Shahrood University of Medical Science)                          | Self-immolation of a 31-year-old woman: A case study report                                                                                                    |
|                           | 14:20-14:30 | Seyed Hamid Daliri, General psychology student                                                                  | "I" who kills himself                                                                                                                                          |
|                           | 14:30-14:40 | Sobhan Sohrabi (Psychologist)                                                                                   | Comparison of suicidal tendencies among single mothers of an autistic child and single mothers of a healthy child                                              |
|                           | 14:40-14:50 | Dr. Aghakhani (Patient safety research center of Urmia University of Medical Sciences)                          | The relationship between cholesterol serum Level and depression in Suicidal Patients Referring to the Toxicology center of Taleghani hospital in Urmia in 1396 |
|                           | 14:50-15:00 | Khadijeh Aghakarimi (Miandoab nursing school)                                                                   | Suicide epidemiology in Miandoab city in 2015-2017                                                                                                             |
|                           | 15:00-15:10 | Dr. Khanipour, Faculty member of Kharazmi University                                                            | The relationship between self injury and attempted suicide among teenagers: Implications for prevention and treatment                                          |
|                           | 15:10-15:45 | Discussion                                                                                                      |                                                                                                                                                                |



| <b>World Suicide Prevention Day</b>            |             |                                                                           |                                                                                                                                         |
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| The 2nd National Seminar of Suicide prevention |             |                                                                           |                                                                                                                                         |
| Monday, 19 September 2018                      |             |                                                                           |                                                                                                                                         |
| Main Hall                                      |             | Second day- First session                                                 |                                                                                                                                         |
| The project of social care system for students |             | panel responsible: Dr. Kiaei                                              |                                                                                                                                         |
| First panel: 8:15-10:00                        | 8:15-8:30   | Dr. Kiaei                                                                 | The importance of suicide intervention in NAMAD program                                                                                 |
|                                                | 8:30-8:45   | Dr. Tahmasbi                                                              | Preventive skills in suicide in NAMAD program                                                                                           |
|                                                | 8:45-9:00   | Dr. Akbari                                                                | Suicide Screening in NAMAD program: Policy-making in NAMAD program                                                                      |
|                                                | 9:00-9:15   | Dr. Zanganeh                                                              | Policy making dispute in NAMAD program                                                                                                  |
|                                                | 9:15-9:30   | Dr. Zandi Far (Faculty member of Alborz University of Medical Science)    | Suicide prevention methods in Schools                                                                                                   |
|                                                | 9:30-10:00  | Discussion                                                                |                                                                                                                                         |
|                                                |             | 10:00-10:30                                                               | Break                                                                                                                                   |
| Main Hall                                      |             | Second day- second session                                                |                                                                                                                                         |
| Suicide Prevention Strategies                  |             | Panel responsible: Dr Ghanbari                                            |                                                                                                                                         |
| Second panel: 10:30-12:00                      | 10:30-10:45 | Dr. Ghanbari ( Scientific member of Digestive Disease Research Institute) | Evidence-based practices for suicide prevention                                                                                         |
|                                                | 10:45-11:00 | Dr Shalbafan (Faculty member of Iran University of Medical Science)       | Should we be worried about the relationship between antidepressants prescription and increasing suicide: New evidence on an old subject |
|                                                | 11:00-11:15 | Dr. Badrfam (Psychiatry resident)                                         | Social capital and suicide                                                                                                              |
|                                                | 11:15-11:30 | Nafee Rasooli (Ms in clinical psychology)                                 | Risk Factors for Completed Suicide: a psychological autopsy study                                                                       |
|                                                | 11:30-12:00 | Discussion                                                                |                                                                                                                                         |
|                                                |             | 12:00-12:30                                                               | Music                                                                                                                                   |
|                                                |             | 12:30-13:30                                                               | Break                                                                                                                                   |

| Main Hall                |             | Second day- Third session                                                                                                                         |                                                                  |
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| Teens and youth Suicide  |             | Panel responsible: Dr. Taremian                                                                                                                   |                                                                  |
| Third Panel: 13:30-15:00 | 13:30-13:45 | Dr. Taremian (Clinical psychologist, Head of the Center of drug abuse and drug abuse research, University of welfare and rehabilitation sciences) | The developmental-interactional model of suicide in young adults |
|                          | 13:45-14:00 | Dr. Tavakoli (Psychiatrist, Alborz University of Medical Sciences)                                                                                | Underlying interpersonal factors of suicide in adolescents       |
|                          | 14:00-14:15 | Dr. Noori (Clinical psychologist, Associate professor at Kharazmi university)                                                                     | Social problem solving ability and youth suicidal behavior       |
|                          | 14:15-14:30 | Dr. Peyrovi (Educational psychologist, head of Tehran University Consultation Center)                                                             | Suicide attempts Challenges in university Environments           |
|                          | 14:30-15:00 | Discussion                                                                                                                                        |                                                                  |



| Main Hall                            |             | Second day- Fourth session                                                                                                  |                                                                                                                                                                |
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| Psychotherapy and suicidal behaviors |             | Panel responsible: Dr. Salmanian                                                                                            |                                                                                                                                                                |
| Second panel: 14:00-15:45            | 14:00-14:15 | Amin Moradnejad<br>(Faculty member of<br>Payamenour University)                                                             | The relationship between positive and negative suicide behavior and spiritual intelligence, happiness, and hardiness: A basic correlation                      |
|                                      | 14:15-14:30 | Dr. Salmanian<br>(Assistant professor in<br>Center of Psychiatric<br>Research, Tehran<br>University of Medical<br>sciences) | Spiritual psychotherapy, A new perspective on suicide prevention and treatment                                                                                 |
|                                      | 14:30-14:45 | Ali Khoshgoftar                                                                                                             | The effects of an intervention based on psychodrama on suicide emotional discharge: A Case study in a school in Tehran                                         |
|                                      | 14:45-15:00 | Majid Mirabolghasemi                                                                                                        | An analysis on "loneliness and isolation" among the patients with schizophrenia based on their paintings with the emphasis on the role of isolation on suicide |
|                                      | 15:00-15:15 | Ali Fathi                                                                                                                   | The relationship between suicidal tendency and resilience among housewives                                                                                     |
|                                      | 15:15-15:45 | Discussion                                                                                                                  |                                                                                                                                                                |

# Workshops

| Hall 1      |                      | First Workshop                                                                                              |  |
|-------------|----------------------|-------------------------------------------------------------------------------------------------------------|--|
| 16:00-18:00 | Dr. Poursharifi      | Crisis intervention: At the time of action                                                                  |  |
| Hall 2      |                      | Second Workshop                                                                                             |  |
| 16:00-18:00 | Dr. Mohammad Sadeghi | Borderline personality and impulsive behavior management: pharmacological and non-pharmacological treatment |  |

| Hall 1      |                                                                                    | First Workshop                            |  |
|-------------|------------------------------------------------------------------------------------|-------------------------------------------|--|
| 16:00-18:00 | Dr. Malakouti                                                                      | Brief intervention: after suicide attempt |  |
| Hall 2      |                                                                                    | Second Workshop                           |  |
| 16:00-18:00 | Dr. Fathi (Member of the Scientific Society for the Prevention of Suicide in Iran) | Suicide prevention methods                |  |

| The Second National Seminar of Suicide prevention |                                   |
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| Sunday, 18 September 2018                         |                                   |
| Main Hall                                         |                                   |
| 18:00-21:00                                       | Movie Review<br>Detachment (2012) |