

# World Suicide Prevention Day

*Working Together to Prevent Suicide*

September 10th, 2019

Light a  
candle



Light a candle near  
a window at 8pm  
to show your  
support for suicide  
prevention



Join us on social media

Connect with us on  
Facebook and Twitter to  
share your support of  
WSPD

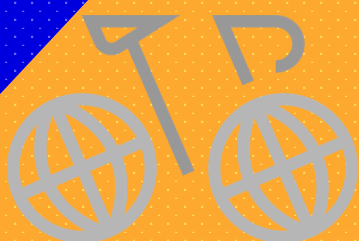
Get involved  
in an event

Take part in or  
organise a local or  
national event to  
highlight suicide  
prevention



Cycle around  
the globe

Join us in cycling to show  
that we are connected in  
our aim to prevent suicide



**Find out more at [iasp.info/wspd2019/](http://iasp.info/wspd2019/)**